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Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**C/O: XXXXXXXXX RN (Ec) and Dr. YYYYYYYYY**

**Re: Ms. XXXXXXXXX**

**DOB: \_\_\_/\_\_\_/\_\_\_**

I have had the pleasure of providing medical foot and lower limb care for our mutual patient \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**Nursing Assessment:**

On January 8th, 2019 Ms. XXXXXX presented with low limb edema and redness predominantly in her right lower limb. Aches during walking suggesting intermittent claudication. She has indicated she sees her vascular specialist every six months. Her Ankle Brachial Pressure index 140/110mmHg totaling .79 suggesting arterial disease.

Open arterial ulcer noted on January 2019. measuring 1 cm in diameter. At that time Ms. XXXXX declined laser wound care treatments. It has opened more to 4cm wide and 5.5 com long. Wound is painful with streaking noted around the wound margins. We have been treating Ms. XXXXXX wound for three weeks with great success. Wound bed is clean and closing however, remains painful and red around wound margins suggesting infection is present.

**Nursing Diagnosis:**

1. Compromised health related quality of life R/T: Lower limb pain
2. Risk for lower limb complications R/T: arterial ulcer

**FFL-Treatment Plan:**

1. Patient education- Discussed modifiable risk factors
2. Wound care with application of low-level laser to reduce inflammatory response, increase mico and macro vascular status to the limb, increase collagen synthesis accelerating tissue healing and enhancing tensile strength in tissue repair.
3. Suggested a course of antibiotic therapy to prevent infection as a systemic approach to heal wound with above mentioned adjunctive therapies.

Please don’t hesitate to contact me if you have any questions

Sincerely,

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Reg. Practical Nurse/Podortho Nurse Foot Specialist / Wound Specialist

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